

# The Housing Sector in 2040

Ruth Glassborow Director of Improvement Healthcare Improvement Scotland

Improvement Hub

Enabling health and social care improvement

## £135 million

## What segment of our population accounts for:

8% of total population

55% of 2.12 million Accident and Emergency Attendances

52% of 2.27 million Acute Hospital Admissions

49% of 9.01 million Outpatient Appointments

66% of 9.49 million Dispensed Prescriptions

80% of 100,000 admissions to Mental Health Specialties





## 2040 - virtualisation of healthcare will mean more and more care delivered at home

NHS Near Me appointments at home can take place anywhere in NHS Highland, even in central Inverness. NHS Near Me clinics are available in the more rural parts of NHS Highland (see previous page for clinic types).



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## £15m new Artificial Intelligence centre for Scotland to innovate and transform healthcare

Tuesday 6 November 2018



Scotland is to have its own £15.8m artificial intelligence (AI) health research centre, which promises to enable better patient diagnosis, treatment and outcomes.

#### **Telehealth**

- Telemedicine
- Disease Management
- Lifestyle Management

#### **Patient Facing**

- Al Chatbots
- Wearables
- Personalised Genetics

#### **Doctor Facing**

- Medical Records
- Data Analytics
- Medical Imaging

#### Research

- Drug Discovery
- Genetic Research
- Information and Clinical Trials

### 2040 – more individuals living at home with dementia



### 2040 - more individuals living at home with frailty

A form of complexity, associated with developing multiple long-term conditions over time leading to low resilience to physical and emotional crisis and functional loss leading to gradual dependence on care.

15% 5% severe

moderate frailty frailty

45% not frail

35% mild frailty

Average cost of unplanned admission cost per person per year

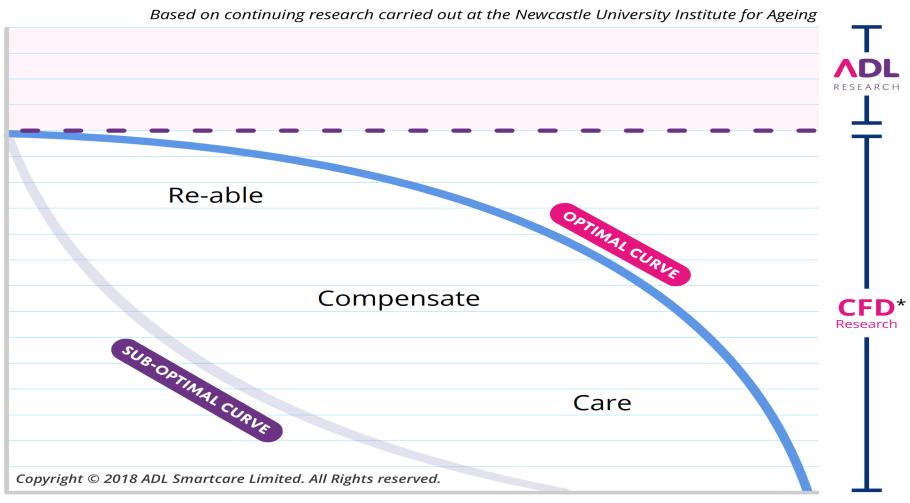
£1,119 £3,175 £5,800

**Extrapolated cost of unplanned bed days across Scotland per year** 

£1.71 billion

### How might we support people to stay on the optimal curve?

**Hiking Brisk Walking Get up from Floor** Walk a Mile **Cutting Toenails Shopping Using Steps** Walk 400 Yards **Heavy Housework Full Wash** Cook a Hot Meal **Moving Around Transfer From a Chair Light Housework Transfer From Toilet Get Dressed Transfer From Bed Wash Face and Hands Eat Independently** 



\*Compression of Functional Decline

30 - 50% of older people are socially isolated and/or lonely and this impacts on their physical and mental health.



What is the equivalent for older people?

## **Summary proposition for 2040**

An integrated health, social care and housing system is our only hope for affordable and high quality support for those most in need.

We need to work together with communities and people who access our services to co-design what that looks like in practice.

### Keep in touch

- hcis.phh@nhs.net
- @ihubscot
  @ihub\_PHH

To find out more visit ihub.scot