

How do we prepare for our ageing population?

Enabling health and
social care improvement



What is the Housing make up for the over 65's?

- 98% live in 'ordinary' housing
- 72% own and occupy their homes
- 22% rent from a social landlord
- 4% rent privately
- 2% in specialist care

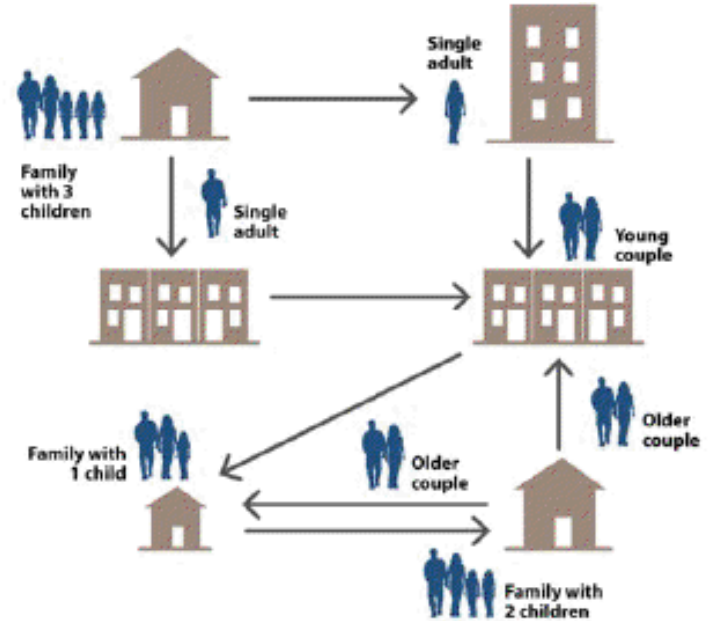
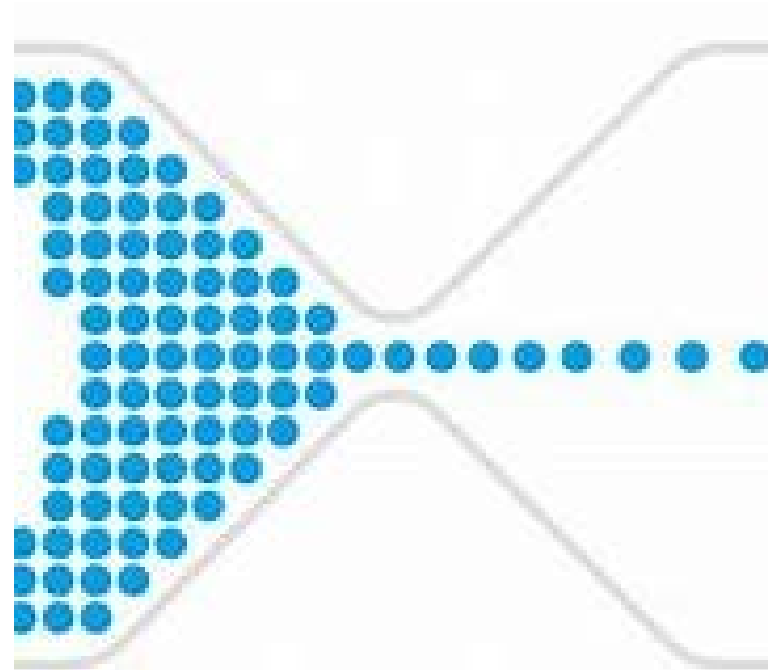


Figure 11: The housing life cycle

How BIG will the population growth be?

- Scottish Demand and Capacity
 - *One person households projected to increase by 31% from 869,000 (2014) to 1,142,000 (2039)*
 - *Most of the household growth is projected to be among 65yrs+ age groups with older people more likely to live alone*
 - *Tackling isolation and loneliness*
 - *60% of social households have long term physical or mental health/illness*
- One 5th of our population will be over 65 by 2030
- The new estimate for the cost of poor housing is £1.4bn, compared to £600m in the 2010 report



How to we ensure our housing system is ready?

- Building houses to meet varying needs
- Ensuring new houses have places and spaces
- Healthy responsive transport links
- Homes are fuel efficient
- We anticipate and plan for as much as possible
- Whole Systems Approach



What do 'experts by experience' tell us?

- Co-design and delivery
- The importance of places and spaces
- Quick, slick self led aids and adaptations
- Non-care home design
- Autonomy and independence
- <http://dementia.stir.ac.uk/blogs/dementia-centred/2017-11-08/dementia-friendly-housing-architects-perspective>



Varis Court

- **Stephen McCullough**
Care Manager
- <https://vimeo.com/270997200>



Healthcare Improvement Scotland - ihub

- Age, Home and Community – The next phase
- Ask big research questions.
- We test assumptions
- We build the case for innovation.
- Engage in a whole systems approach to solutions
- Mobilise a Culture shift in delivery by ensuring our work is ‘multi-disciplinary’

Keep in touch

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