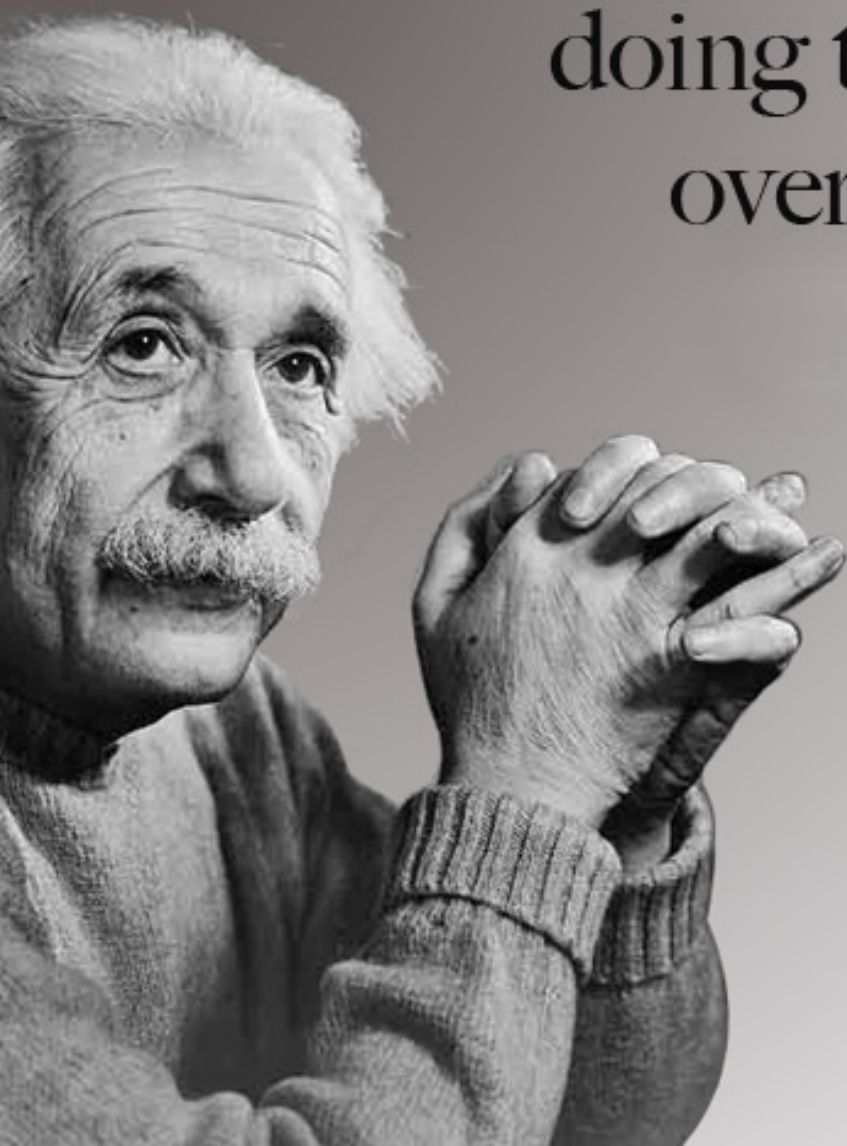


PIEs are for life, not just for Christmas





INSANITY:
doing the same thing over and
over again and expecting
different results.

~ Albert Einstein

Our Journey



Why PIE?



It improves **outcomes** for service users, staff and services through reflective practice

It educates....**ACES – Multiple Exclusion Homelessness - TRAUMA INFORMED**

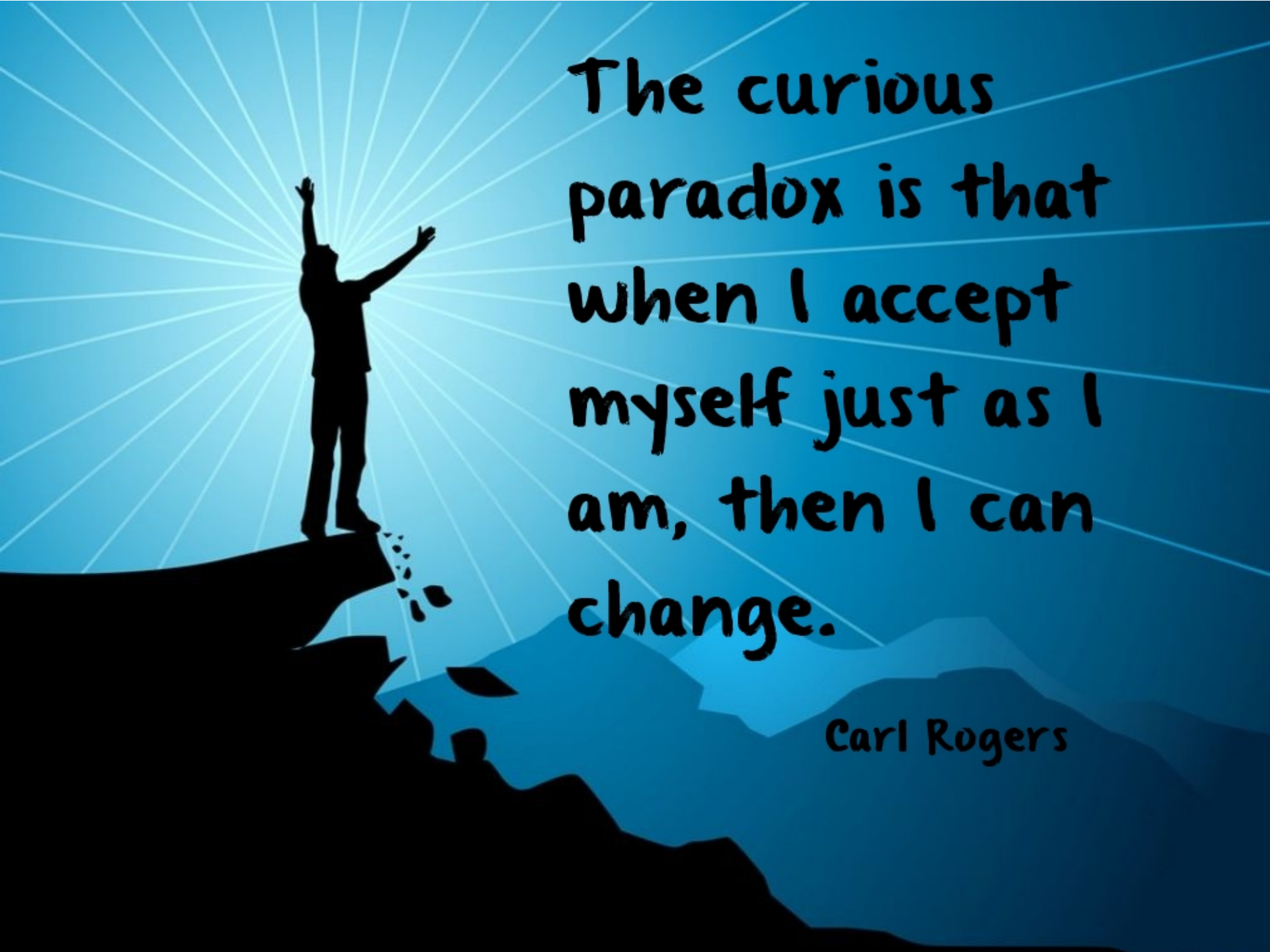
It is for staff, managers and service users...and is flexible



“Johnson and Haigh described innovative approaches to working with people who experienced homelessness, particularly around mental health and personality disorder – it offered a new way of thinking”

PIE



A silhouette of a person standing on the edge of a dark, jagged cliff. The person's arms are raised in a 'V' shape towards a bright sunburst in the upper left. The sunburst consists of numerous thin, white lines radiating outwards. The background is a gradient of blue, with darker blue mountains visible in the distance. The overall mood is one of triumph, achievement, or reaching for a goal.

The curious
paradox is that
when I accept
myself just as I
am, then I can
change.

Carl Rogers



Spaces of Opportunity







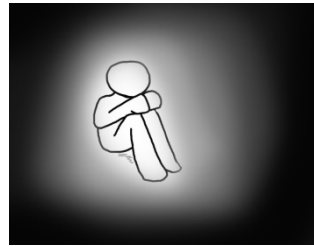
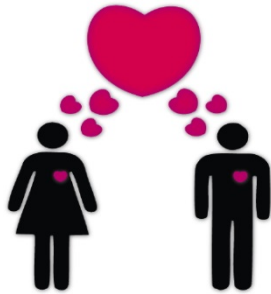
**keep
learning.**



I get PIE with a little help from my friends

Relationships

“Relationships are the fundamental human experience”



D. Winnicott (1957) ... 'When a **young person** is to be found **running down the street smashing windows**, he is **looking for his mother**.'

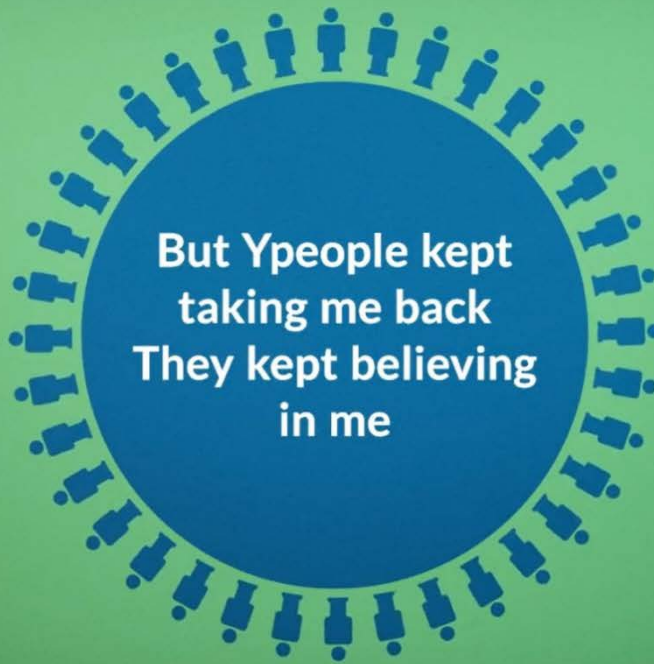
The scaffolding of hope



“Within a PIE, best practice can be seen in professionals recognising the *fragility of hope* for many service users and maintaining hope, even when service users cannot. It would involve continually looking to scaffold small, manageable, service user led steps forward, celebrating each one of these achieved and reviewing and revising when steps go unmet rather than lose hope”.

Coral Westaway et al, 2017,

Developing best practice in psychologically informed environments



But Ypeople kept
taking me back
They kept believing
in me

It was them taking me back that made me
think I could change

If it wasn't for them believing in
me I wouldn't believe in myself

Now...

- Values framework
- PIE and Trauma training mandatory for all staff
- PIZAZZ and Abacus
- Reflective Practice embedded
- Clinical Psychologist





For Housing Associations

- Be an ally
- Think about barriers
- Consider non-engagement as engagement
- Hold the hope...?



Thank you...



Get in touch:
www.ypeople.org.uk
p.lunn@ypeople.org.uk
Tweet me @p_lunn or Ypeople @ypeopleorg